

Useful Information

COMMUNICATIONS

All telephone numbers in Portugal are composed of nine digits. To call from abroad to Portugal, it is necessary to dial the international access code 00 and the country code 351.

To call abroad from Portugal, dial 00, the country code, the area code and then the number wanted. The dialing codes of the various countries are affixed in public telephone booths.

CURRENCY

Euro is the official currency. Money can be exchanged at banks, which are open from 8.30 a.m. to 3 p.m. from Monday to Friday; at bureaux de change; and at automatic currency exchange machines (these are for currency sale transactions only).

Tippling: Service is included in the bill in restaurants, though it is customary to leave an additional tip of about 5-10% of the total. It is also normal to tip taxi drivers 5-10 % or rounding up the amount paid to the nearest euro.

DRIVING

Vehicles drive on the right in Portugal. Compulsory papers:

- Personal ID
- Driving licence
- Motor insurance certificate
- Vehicle registration or equivalent
- Vehicle logbook (livrete) or equivalent

On the spot fines are issued.

Speed limits for cars without trailers and motorcycles:

- 50 kph - in built-up areas
- 90 kph - on normal roads
- 100 kph - on roads restricted to motor vehicles
- 120 kph - on motorways



ILLCIT SUBSTANCE

The use and trafficking of illicit substances are legally punishable in Portugal. The reference quantities are stipulated in an equivalent to 10 days of consumption, for all substances. Under these quantities is usually considered an offense; above these quantities increases the possibility of being considered a crime for drug trafficking.

ILLCIT GOODS AND SOUVENIRS

Import, export and ownership transfer of cultural property are considered illicit * :

- a) Rare collections and specimens of zoology, botany, mineralogy and Anatomy; objects of paleontological interest;
- b) Goods related to national history;
- c) Goods from excavations (both authorized as clandestine) or archaeological discoveries;
- d) Elements from dismembered artistic or historical monuments and archaeological places;
- e) Antiques that have over 100 years;
- f) Ethnological material;
- g) Goods of artistic interest;
- h) Rare manuscripts and incunabula, books, documents and old publications of special interest (historical, artistic, scientific, literary, etc..), separated or in collections;
- i) Postage stamps and similar, separately or in collections;
- j) Archives, including phonograph, photographic and cinematographic;
- k) Furniture and music instruments that have more than 100 years old.

* Government Decree n. º 26/85 of 26 July

NATURAL HERITAGE

Portugal is a country with a rich and diverse natural heritage, comprising several protected areas. When visiting natural areas please respect local signage, do not pollute, do not destroy the flora and fauna. Bring only as a souvenir the pictures you have taken.

HISTORICAL HERITAGE

When visiting Portugal, you'll find a great diversity of historical and cultural monuments related to the country's rich history. While touring around and getting to know all about this country's tradition respect the signage, preserve the artifacts and do not destroy historical landmarks. Behave accordingly to the places you're visiting.

TOLLS

There are some highways in Portugal on which the tolls are electronic only. It means that there are no cabins and as the vehicles passing by the electronic devices detected them at the beginning of those highways. The highways are identified at the beginning with: "Electronic toll only".

More information:

<http://www.portugaltolls.com/>

SMOKING IN PUBLIC AREAS

Since January 1st 2008, smoking has been prohibited in enclosed public spaces in Portugal.

Since January 1st 2008, smoking has been prohibited in enclosed public spaces in Portugal. This prohibition extends to all government buildings, work places, public transport, healthcare establishments, laboratories and pharmacies, schools and other educational establishments, indoor sports facilities, museums, shops selling food and drink, indoor car parks, concert and theater halls, libraries, hotels, and service stations.



OFFICIAL TIME

Standard time zone: No UTC/GMT offset
Daylight saving time: +1 hour
Current time zone offset: UTC/GMT 1hour
Time zone WEST

RESTAURANTS

Restaurants are usually open for lunch between midday and 3 p.m. and for dinner between 7 and 10 p.m. many of them have longer opening hours, especially in the big cities and areas with a busy nightlife.

HUMAN TRAFFICKING

Human trafficking is a global reality and assumes various contours, from sexual and labour exploitation to begging. Don't condone these situations. Please report to the police or call the National Social Emergency Helpline: +351 144.

SERVICES

Banks: Banks are open from 8.30 a.m. to 3 p.m. from Monday to Friday. Portugal has a national network of cash machines (ATMs) identified by the symbol MB (Multibanco), from which you can withdraw cash 24 hours a day; **Post Offices:** Post Offices are open from Monday to Friday, from 9 a.m. to 6 p.m.; **Pharmacies:** Pharmacies are open on weekdays between 9a.m. and 7p.m. (some close for lunch from 1 to 3 p.m.) and on Saturdays between 9a.M. and 1p.m. They display an illuminated green cross outside when open at night; **Shops:** Shops are open from Monday to Friday, from 9 or 10 a.m. to 7 p.m. Some close for lunch from 1 to 3 p.m. There are plenty of shopping centres inside and outside the cities that are usually open from 10 a.m. to midnight every day of the week.

